

# Lean Management

## A New Approach to Managing Healthcare Organizations

Many organizations are modifying from traditional to modern management approaches, including Lean management

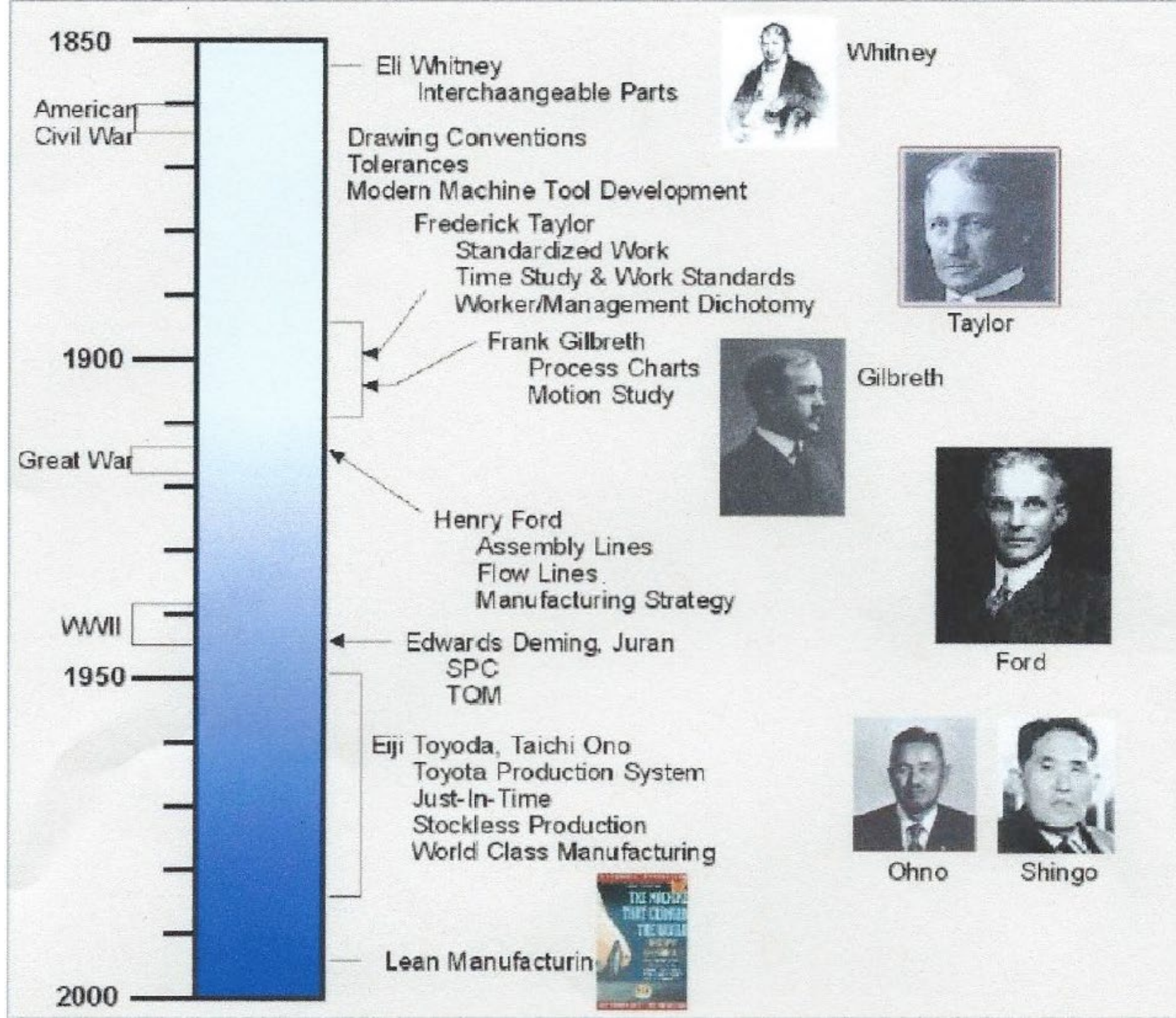
- Loss of focus on the customer
- Failure to achieve efficiency in operations
- Poor quality of products or services
- Low employee morale and high turnover
- Poor coordination of work tasks
- Difficult to change work processes

Lean involves the development of a culture that enables an overall management system to create value for customers by eliminating waste, empowering frontline workers, and solving problems through the daily application of the scientific method in creating standard work

Center for Lean Engagement and Research, UC Berkeley

Lean is the service organization version of the Toyota Production System (TPS) that was developed in the 1950s by the Toyota Automobile manufacturing company

Lean is a management philosophy, a set of practices, and tools to help managers stay *customer focused*, *reduce waste*, and *continuously improve quality*.





Dr. W. Edwards Deming  
1900 - 1993

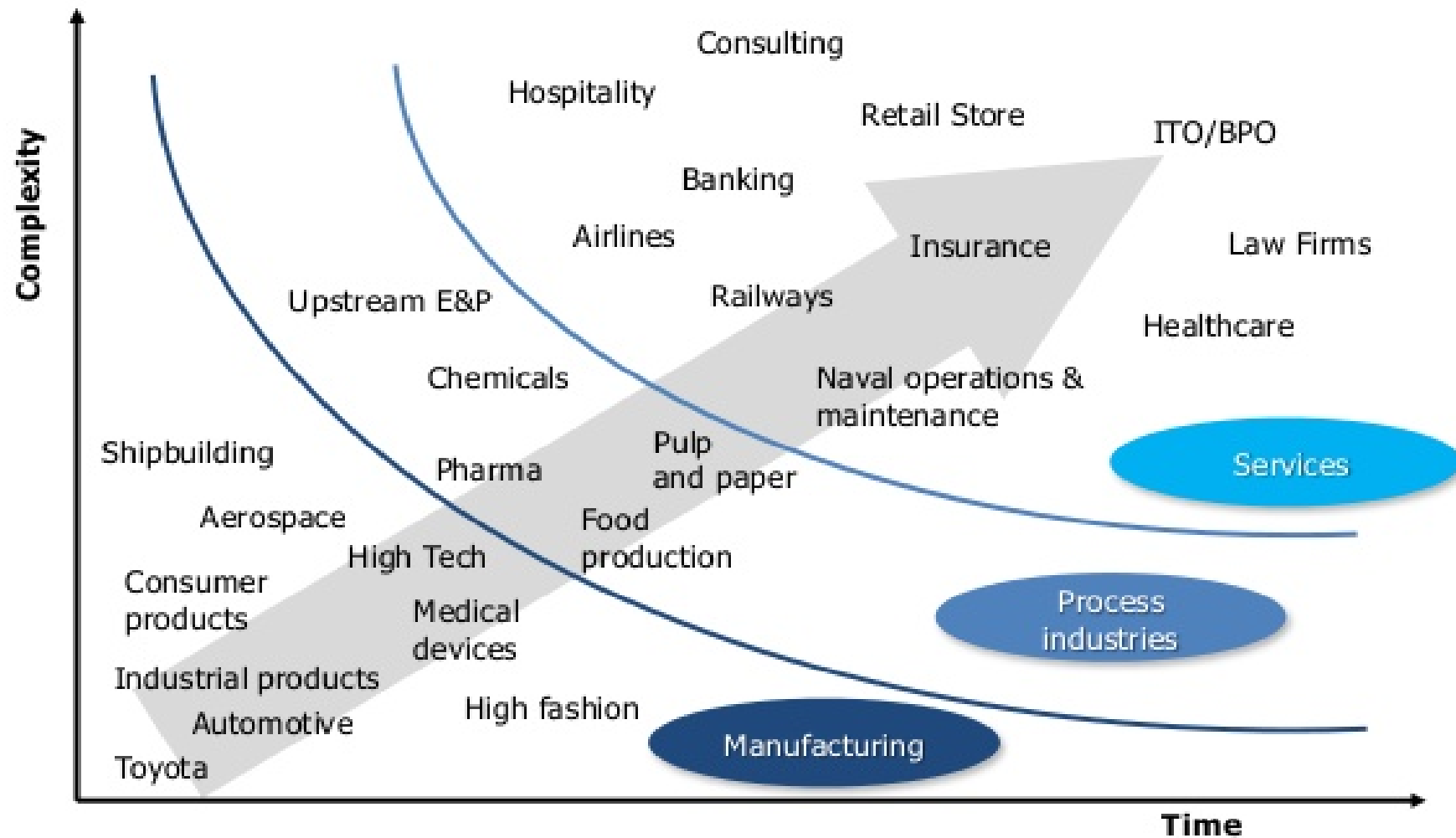
# Fayol's 14 Management Principles of Traditional Management

- Division of work
- Authority
- Discipline
- Unity of command
- Unity of directive
- Subordination of individual interests
- Reasonable Remuneration
- Centralization
- Scalar chain
- Orderly use of resources
- Equity (ethical behavior)
- Stability (low turnover)
- Initiative (employee input)
- Morale

# Deming's 14 Points for Management

- Create constancy of purpose
- Leadership for change
- Cease dependence on inspection to achieve quality
- Minimize total cost – move toward single supplier for any one item
- Improve constantly
- Institute training on the job
- Institute leadership
- Drive out fear
- Break down barriers between departments
- Eliminate slogans and exhortations asking for more...
- Remove barriers to pride of workmanship
- Institute educational programs
- Transformation is everyone's job

# Lean has been adopted in many different environments since its creation



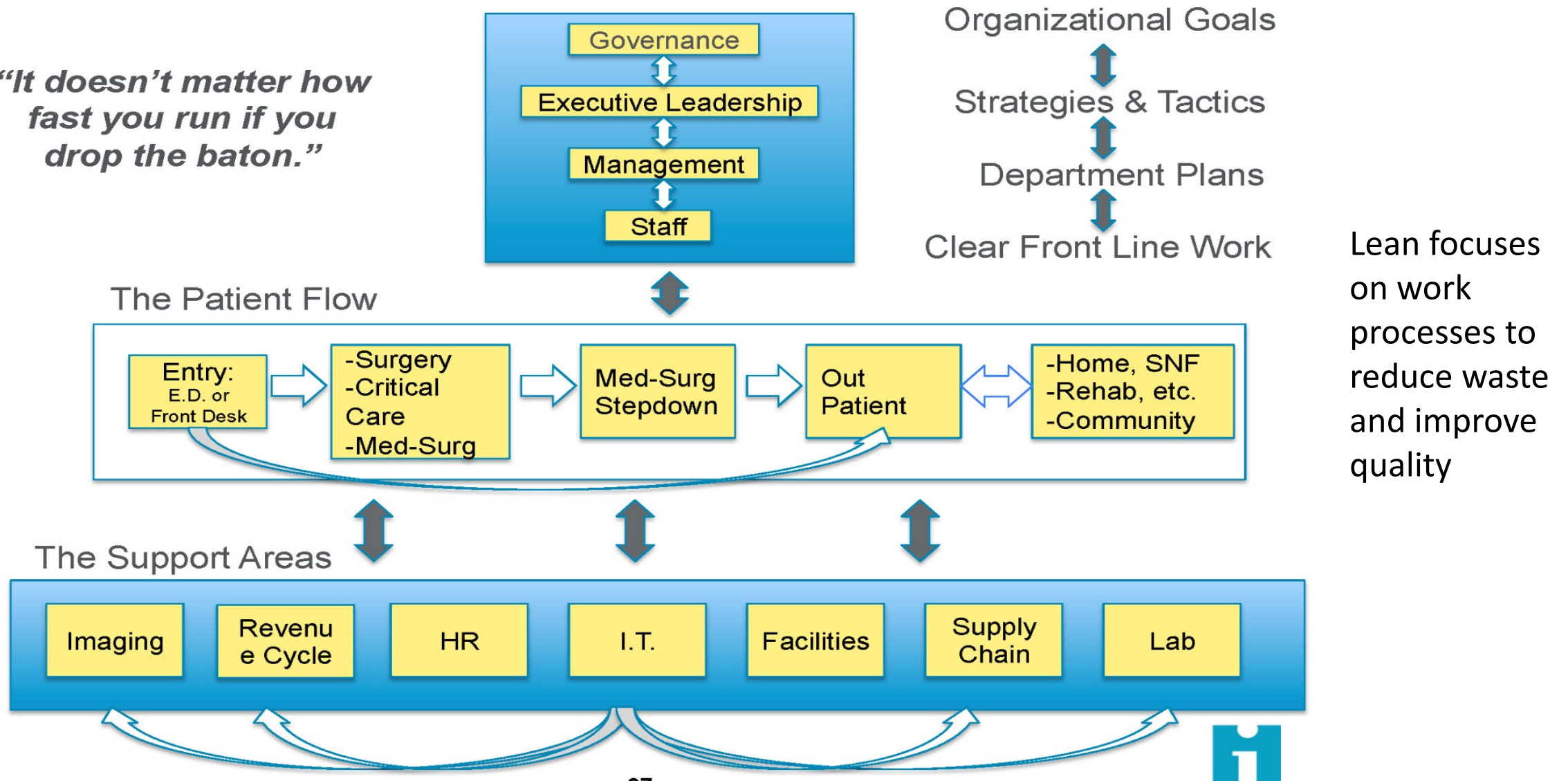


# Examples of Healthcare Organizations Using the Lean Management Approach

- Virginia Mason Hospital and Medical Center, Seattle, WA
- Carolinas Healthcare System, Charlotte, NC
- ThedaCare Regional Medical Center, Appleton, WI
- Mayo Clinic, Rochester, MN
- Lancaster Regional medical Center, Lancaster, PA
- Johns Hopkins Hospital, Baltimore, MD
- UCSF Medical Center, San Francisco, CA
- Zuckerberg San Francisco General Hospital, San Francisco, CA
- Kaiser Permanente, Oakland, CA

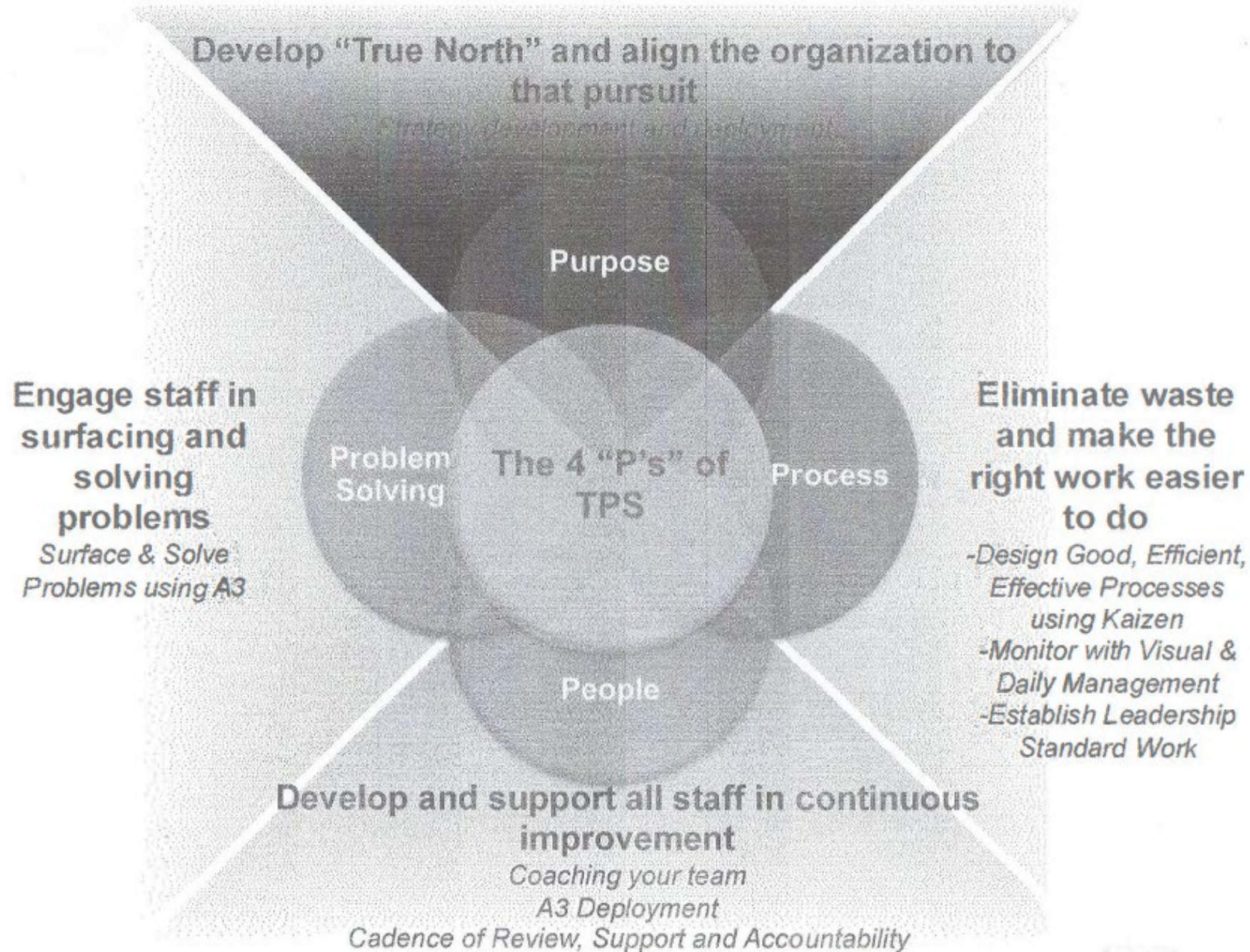
# Systems: Processes and Interactions at all levels

*"It doesn't matter how fast you run if you drop the baton."*



# Lean Philosophy Core Principles

- Respect for people
  - Employees know the work best
  - Participatory – not a top down approach
- Continuous improvement
  - Strive for zero defects
- Customers (i.e. patients) define value
- Improvements in processes achieved through the scientific method (Plan, Do, Study, Act – PDSA cycles)



Type of waste	Example
Wasted motion	Pharmacy technician spends 20 minutes looking in multiple places for a specific drug
Rework	X-ray technician has to reenter 10–20% of test requests because the wrong side of the body was indicated
Overproduction	7 of the 16 forms in an admissions packet are redundant
Excess inventory	Out-of-date medications are kept on the shelf because excess inventory was ordered
Wasted transportation	25% of patients admitted to one ward are transferred, within 36 hours of admission, to another ward that provides a similar level of care
Excess processing	Nurse has to record a patient's respiratory rate on 4 different forms within the patient's chart
Waiting time	Operating-room team must wait 20 minutes for a procedure to begin and is not free to do other tasks
Wasted intellect	Numerous improvement ideas are lost because no one is interested in them



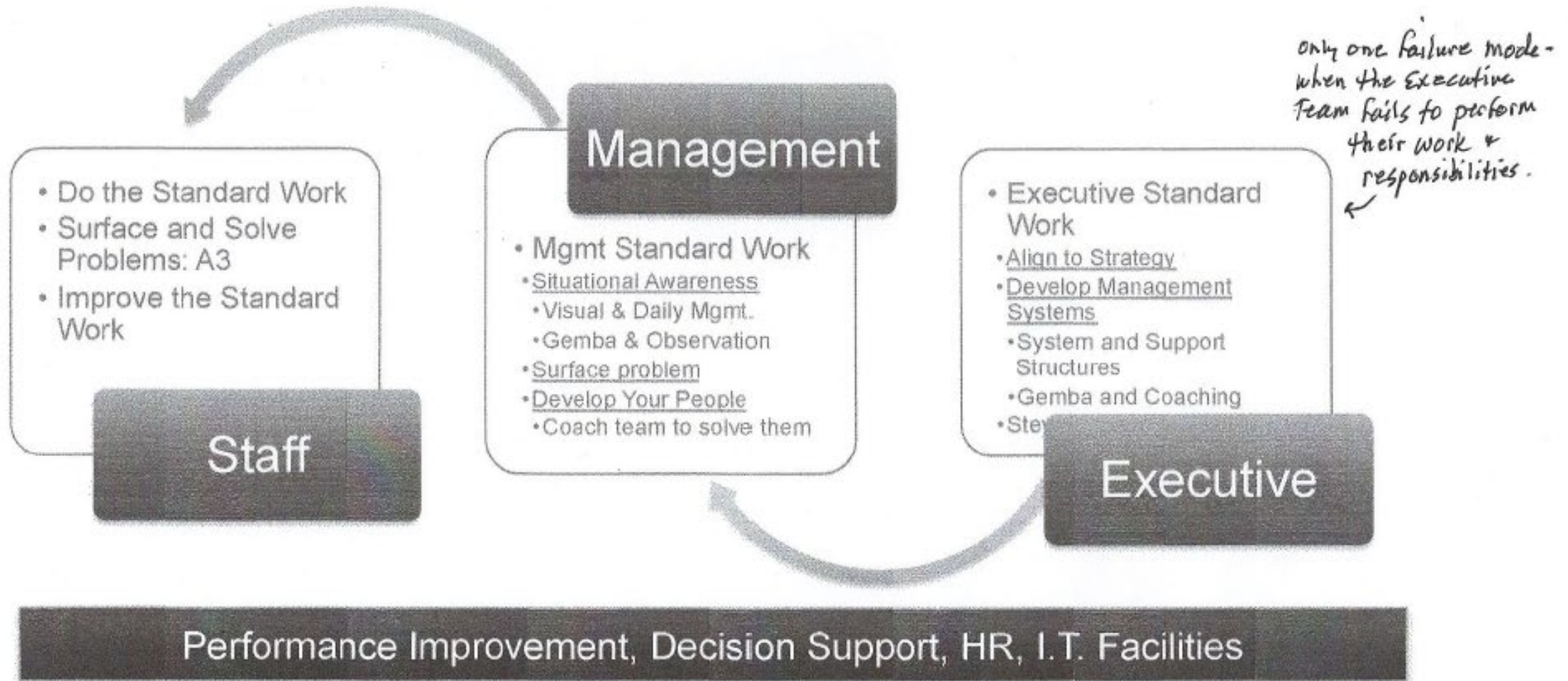
# Lean Practice Examples

- Senior leaders, employees, and stakeholders Establish *True North* (most important organizational goals)
- Managers walk *Gemba* regularly and “coach” employees
- Employees at the work level conduct *value stream mapping* for key work processes to identify waste from the *customer’s* perspective
- Hold *Kaizen events* with relevant employees to redesign work processes to eliminate as much waste and improve performance as much as possible
- Employees establish new *standard work* processes in writing
- Test the new process using the *PDSA (plan, do, study, act) cycle* to see if waste has been reduced and/or quality improved
- Chart/depict revised processes and measures assessing achievement of performance objectives (waste reduction targets/quality improvement targets) – *visual management* – post on a wall
- *Daily huddles* of relevant managers and staff to review visual charts and progress reports

# Lean Tools and Methods Examples

- Value stream process map (spaghetti diagram)
- Fishbone diagram (root cause analysis)
- Lean A3 plan
- Scatter Plots
- Pareto Charts
- Regression analysis
- Kanban cards
- PDSA (plan; do; study; act)
- 5s (sort, straighten, shine, standardize, sustain: redesign of physical workspace to improve efficiency)

# The System of Continuous Improvement: Interlocking Responsibilities and Development



Improve Process & Performance while Developing People: "Learn by Doing"





## MUSINGS FROM A LEAN THINKER

[lean.org/leanpost](http://lean.org/leanpost)



The Optimist

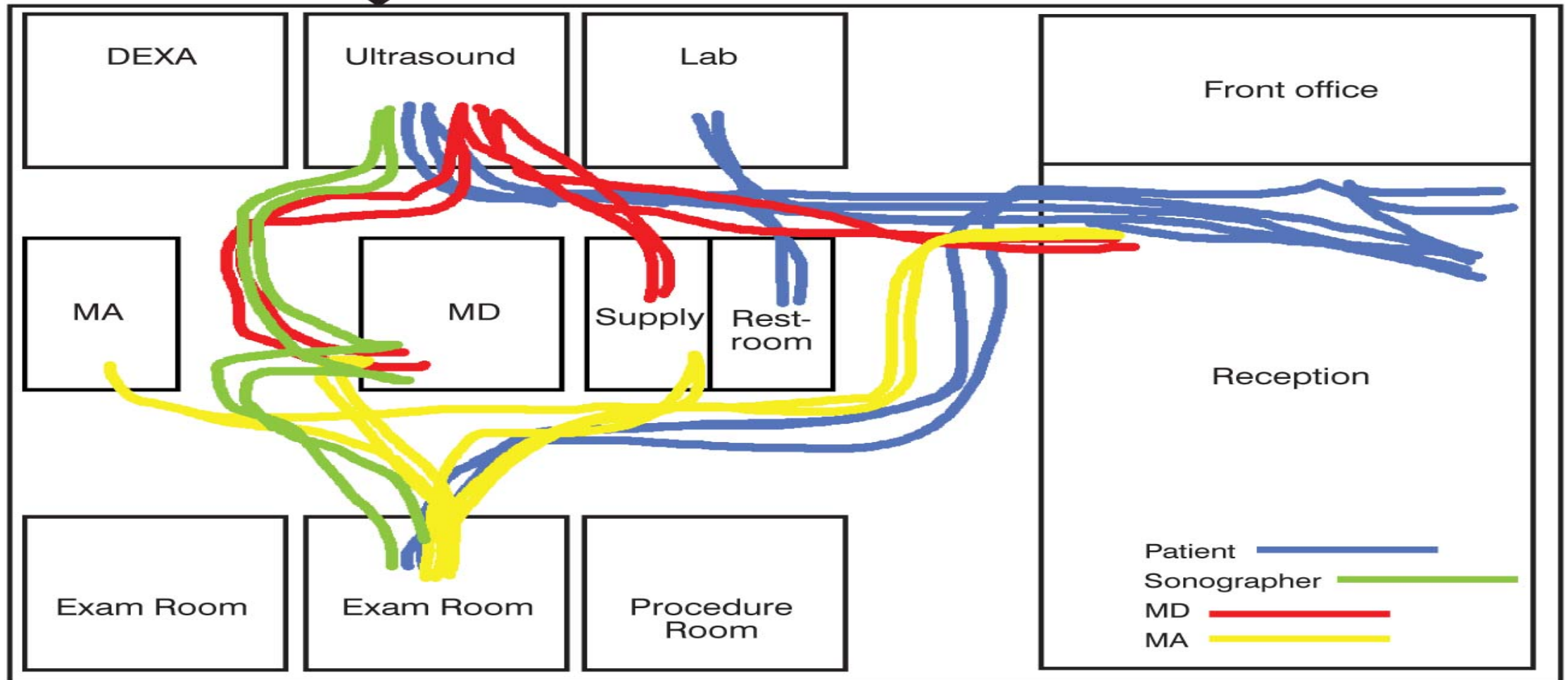


The Pessimist



The Lean Thinker

**FIGURE 3** SPAGHETTI DIAGRAM OF OFFICE VISIT MOVEMENT













[illegible]



Is there evidence that Lean works in  
healthcare organizations?



TABLE 1  
Improvements Seen in Four Projects Using Robust Process Improvement

Problem Addressed	Number and Type of Health Care Organizations	Measure	Before (%)	After (%)	Relative Improvement (%)
Hand hygiene	8 hospitals	Hand hygiene compliance <sup>a</sup>	47.5	81	71 $p = 0.000$
Handoff communication	10 hospitals	Ineffective handoffs at care transitions <sup>b</sup>	41	18	56 $p = 0.007$
Wrong-site surgery risks	5 hospitals, 3 ambulatory surgery centers	Risk of wrong-site surgery <sup>c</sup>			
Scheduling			39	21	46 $p = 0.000$
Preoperative area			52	19	63 $p = 0.000$
Operating room			59	29	51 $p = 0.000$
Colorectal surgical-site infections (SSI)	7 hospitals	Cases with an SSI <sup>d</sup>	15.8	10.7	32 $p = 0.000$

Notes: Robust Process Improvement is a combination of three complementary process improvement methods: lean, six sigma, and change management.

<sup>a</sup>Percentage of times that caregivers cleaned their hands before walking into or out of a patient's room.

<sup>b</sup>Percentage of handoffs that failed to provide complete information necessary to patient care.

<sup>c</sup>Percentage of cases with any risk of wrong-site surgery.

<sup>d</sup>Percentage of colorectal surgery cases with any surgical-site infection.

Source: <http://www.centerfortransforminghealthcare.org/projects/projects.aspx>.

Source: Mark Chassin and Jerod Loeb, "High Reliability Health Care: Getting There from Here."  
The Milbank Quarterly, 2013, 91,(3): 459-490.

# Lean: It works if you drink from the fountain of knowledge. Most organizations just gargle.



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Article



## Article

### Lean interventions in healthcare: do they actually work? A systematic literature review

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**Conclusion:** While some may strongly believe that Lean interventions lead to quality improvements in healthcare, the evidence to date simply does not support this claim. More rigorous, higher quality and better conducted scientific research is required to definitively ascertain the impact and effectiveness of Lean in healthcare settings.

Saskatchewan Union of Nurses were also analysed and reported separately.

**Data extraction:** Data on design, methods, interventions and key outcomes were extracted and collated.

**Results of data synthesis:** Our electronic search identified 22 articles that passed methodological quality review. Among the accepted studies, 4 were exclusively concerned with health outcomes, 3 included both health and process outcomes and 15 included process outcomes. Our study found that Lean interventions have: (i) no statistically significant association with patient satisfaction and health outcomes; (ii) a negative association with financial costs and worker satisfaction and (iii) potential, yet inconsistent, benefits on process outcomes like patient flow and safety.

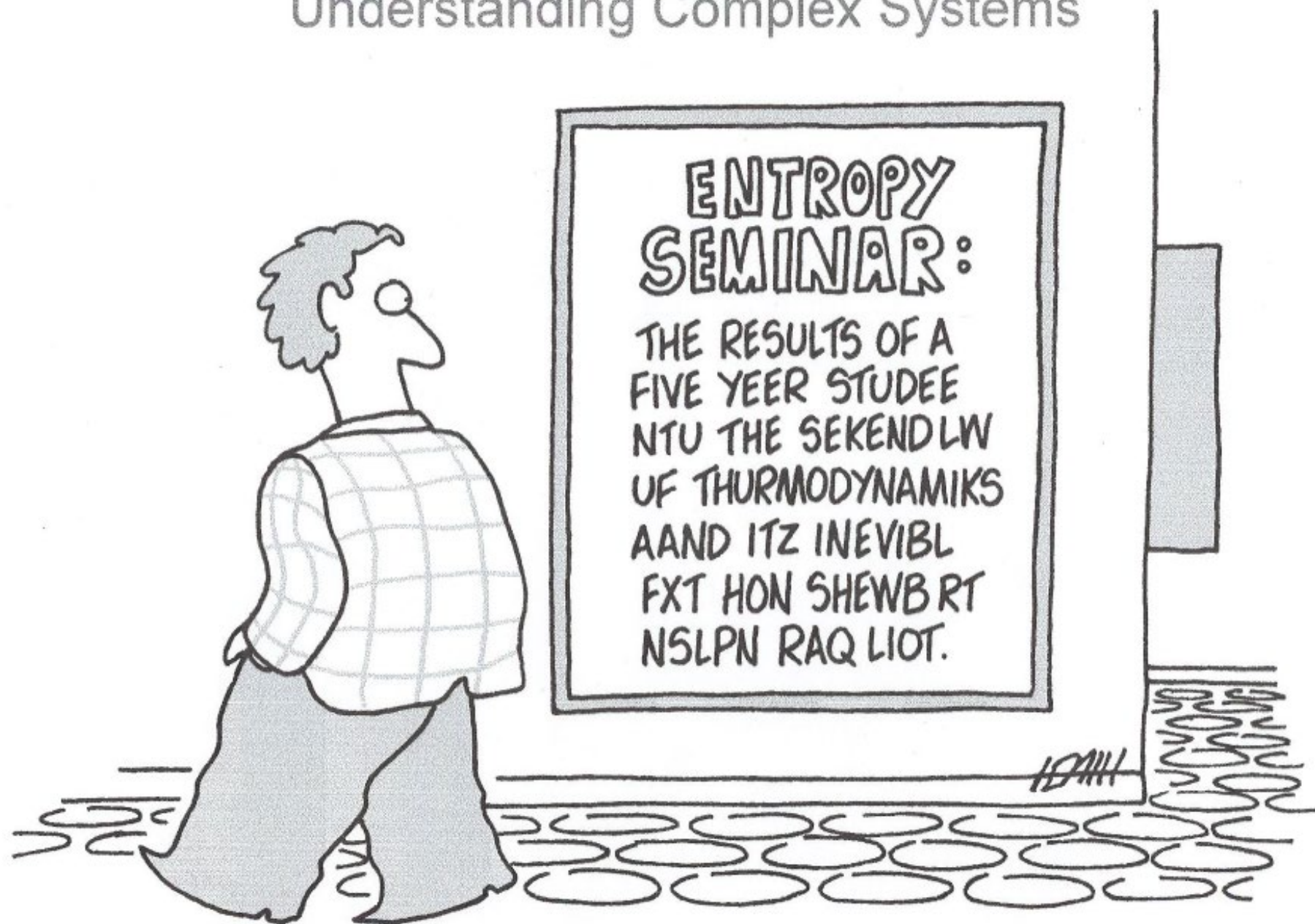
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**Key words:** Lean, Lean thinking, Lean interventions, quality improvement, healthcare

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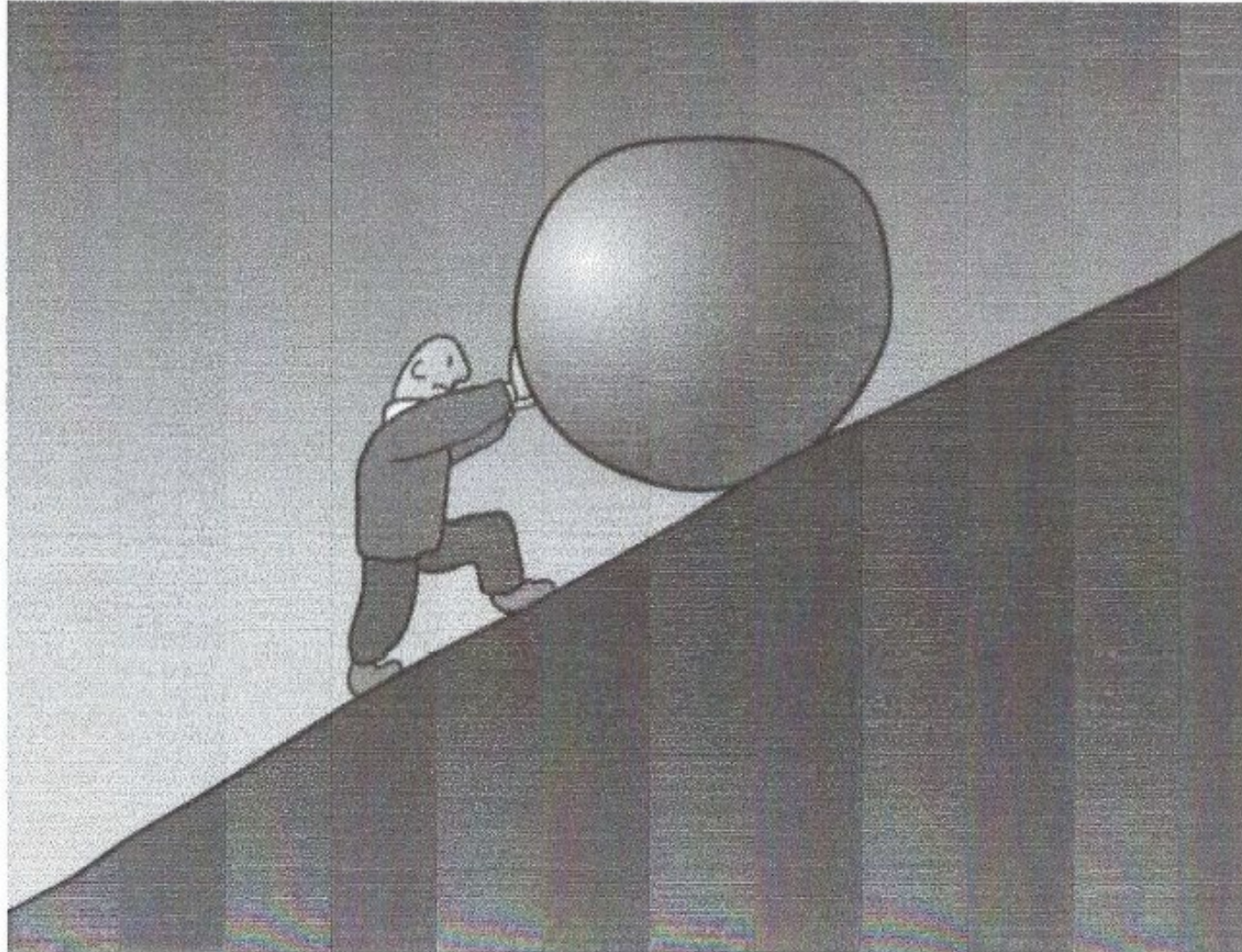
Sustaining Lean Management  
Over a Long Period of Time is a  
Challenge

# Understanding Complex Systems





# How do we prevent slippage in our improvement efforts?



# Thank You!

Find out more about Lean Management in Healthcare at  
<https://clear.berkeley.edu/>